

WORKING AND PLAYING TOGETHER

The monthly newsletter of Lakeshore Co-operative Nursery School

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A MESSAGE FROM OUR TEACHERS

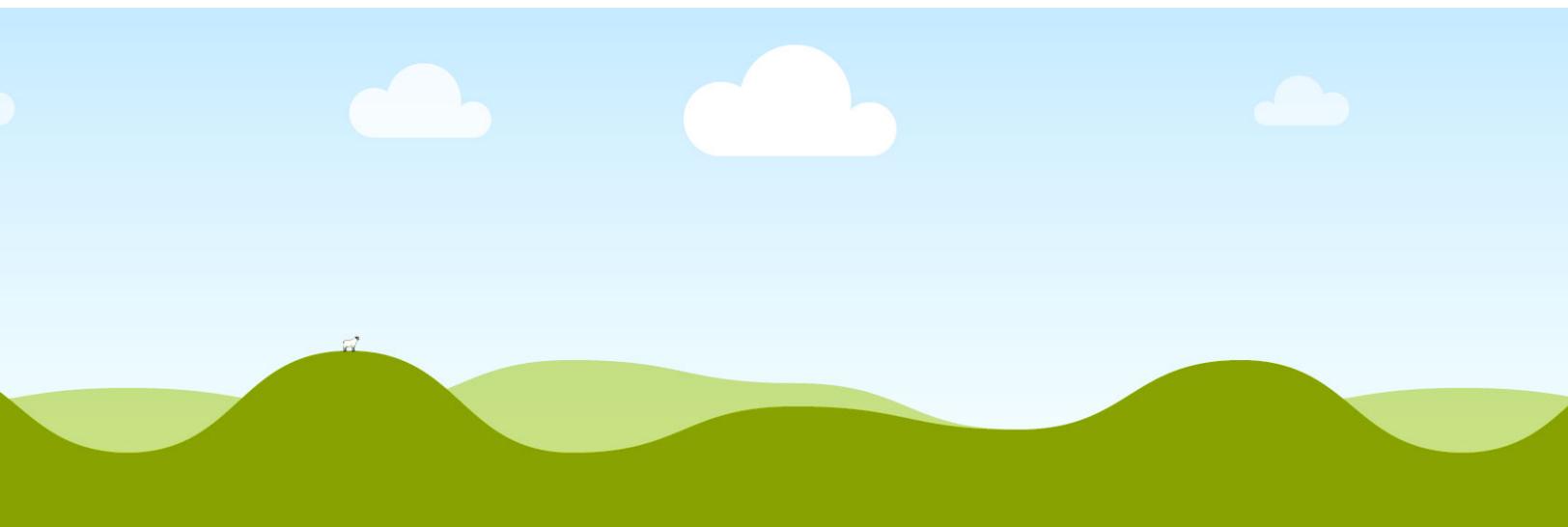
Hello Families,

We are amazed by your creativity on your gratitude flags. If you haven't already, make sure you take a look at them. They are displayed on the playground fence. Each one is so unique and special.

This past month, the children have been interested in the wildlife that they see around the playground. We have seen a rabbit, squirrels and a squirrel's nest, a chipmunk, some birds, and we have seen and heard Canada Geese flying overhead. Many of them have also been rescuing worms that are stranded on the pavement. In order to continue these investigations, we have added some materials to our Science centre in the classroom. The children have been discovering where chipmunks live, what a chipmunk nest looks like, and how chipmunks store food.

Another interest this month has been caring for babies among both the preschoolers and the toddlers. The children can often be found caring for the dolls both indoors and outside. They like to push the strollers, feed the babies, change diapers, and even give baths in the sink.

Caring for babies is one way that children develop empathy and compassion, practice language skills, and use their imaginations.



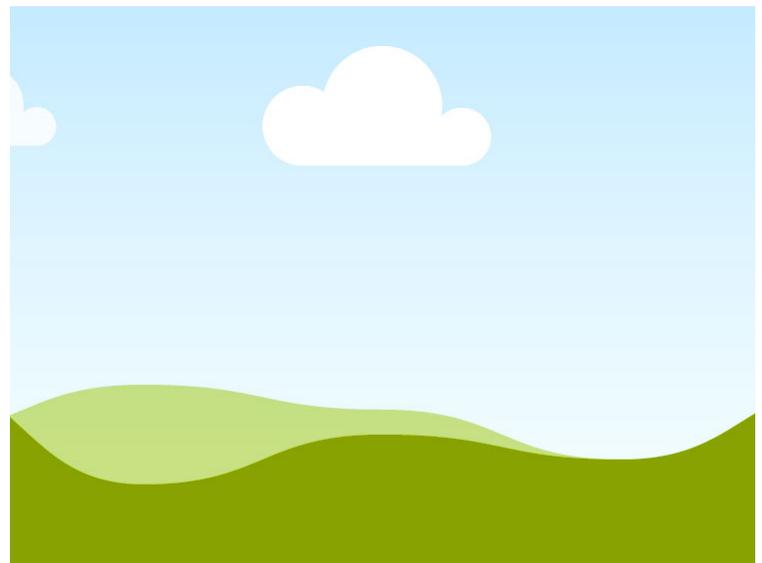
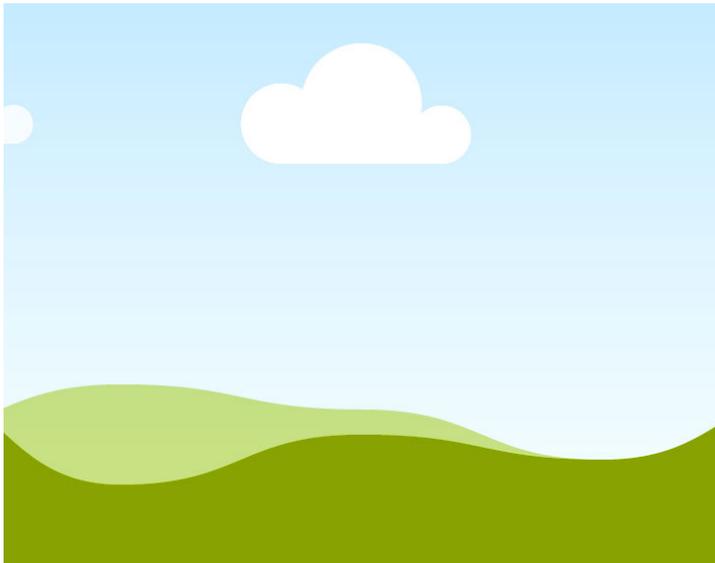
As the weather starts to turn cooler, please remember to send your child to school wearing clothing to keep them warm and dry. Splash pants are especially helpful at this time of year when the playground is often damp. We will continue to play outdoors for an extended time throughout the Fall and Winter and we want to be sure that the children are comfortable. In addition, please remember to label every piece of your child's outdoor clothing. When the children are undressing themselves, it's easy to mix up snow pants and mittens that look similar.

At school, we have been working on being safe when crossing the parking lot. In order to ensure safety, we are required to hold hands with the children or have them hold the rope. You can help us to reinforce this message by always holding your child's hand in the parking lot. There are other groups that share the lot so we never know when cars will be leaving or arriving. Your child's safety is our top priority.

In November, we will be having Pet Day where we invite everyone to bring a photo of their pet or the pet they wish they had to school to share. Children are invited to do this on November 18th, 19th, and 20th. We are also looking forward to raking lots of leaves and jumping in the piles this month.

Co-operatively yours,

Rachelle and Kelly



mabel's labels

Ordering labels for your kid's waterbottle, shoes, wintery bits, etc.? Search for Lakeshore Cooperative Nursery School from [Mabel's Labels fundraiser page](#) and help support our fundraising goals.

FlipGive

Shopping online more than usual these days? Using FlipGive, you can earn money for our school when you buy from one of the participating companies... like Carter's, Staples, and Skip the Dishes.

Our team code is: **W7J5WT**

MESSAGE FROM OUR BOARD

Hi LCNS families!

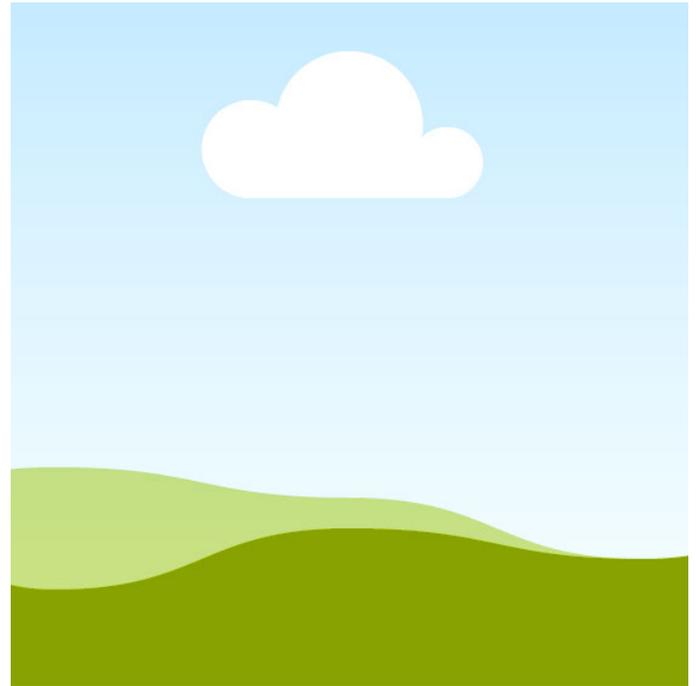
My name is Steph Snyder and I am this year's registrar. My daughter Daria is in the Tues / Thurs class and this is our third year at the school.

Previous years, I served as the equipment and supplies officer and the scheduling officer. With last year's school year ending suddenly in March, we are so glad to be back! Daria definitely missed playing with Teacher Kelly, Teacher Rachelle and all her friends!

Preschool is such a valuable initial step in a child's education, but I really appreciate the co-op aspect as well. Things are a bit different this year but it's great to still have the opportunity to be involved with the school and to meet other parents. It's nice to have that connection of support, especially during difficult times like what we've been facing. I do miss being in the classroom, though. It's so much fun interacting with the kids and you have some pretty funny stories by the end of the day!

I am very happy to be a part of this year's board and to get to know everyone at LCNS!

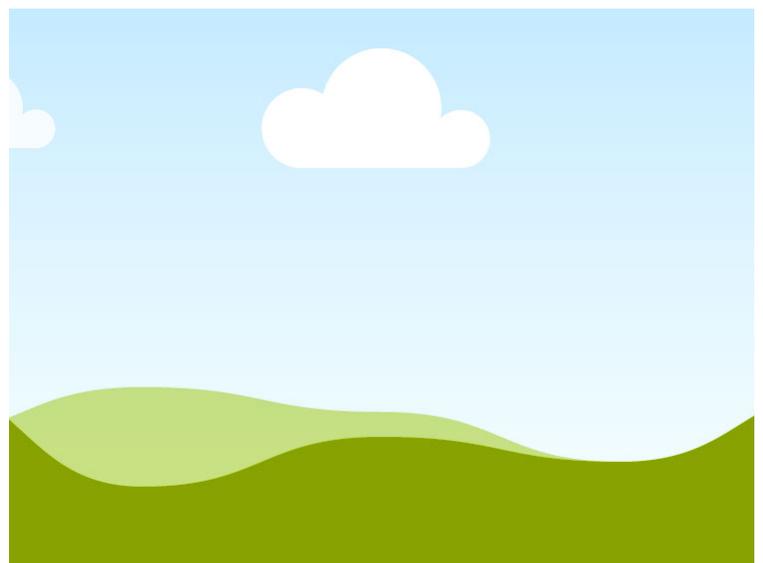
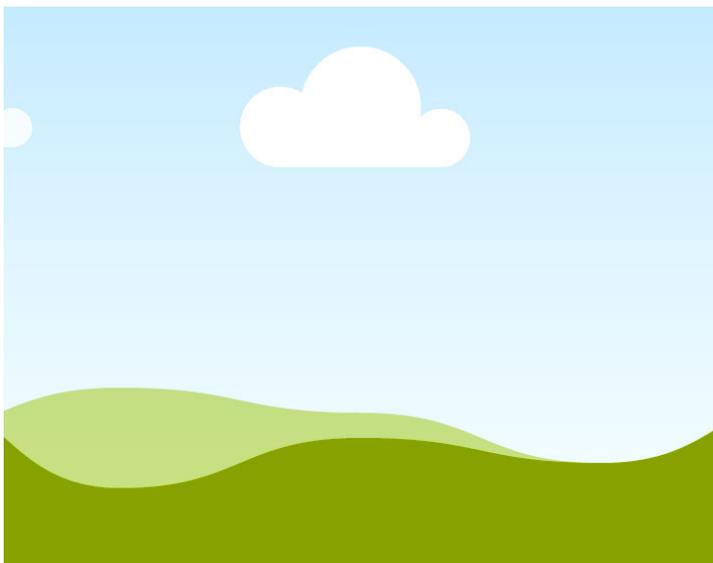
Co-operatively yours,
Steph Snyder



GIVING TREE ITEMS NEEDED

- 8.5x11 Copy Paper
- Splash pants to have as backups (sizes 2,3,4)
- White flour (for playdough)
- Cream of Tartar (not bulk)
- Juice can or pringle container lids

Giving tree items are everyday things you may have in excess that our classroom can use.



NOVEMBER SNACK & LAUNDRY SCHEDULE

November 2020						
NOTE : Duty parents bring listed snack on their scheduled day.						
Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
1	2 Snack - Ammar Multi-grain Cheerios & berries	3 Snack - Wajeeha Whole grain Goldfish crackers & orange bell peppers	4 Snack - Dalmain Whole wheat bagels, plain cream cheese & english cucumber Laundry - Dalmain	5 Snack - Ashley Whole wheat pita, hummus & carrots	6 Snack - Katerina Triscuits crackers & vegetable	7
8	9 Snack - Louise Gelatin-free vanilla yogurt & bananas	10 Snack - Steph Shreddies & berries	11 Snack - Haja Breadsticks & apple sauce Laundry - Ammar	12 Snack - Ammar Arrowroot cookies & raisins	13 Snack - Eryn Whole wheat English muffins with jam & fruit	14
15	16 Snack - Victoria Whole grain Goldfish crackers & celery	17 Snack - Louise Pretzels & snap peas	18 Snack - Dalmain Multi-grain tortilla chips, salsa & carrots	19 Snack - Wajeeha Premium plus whole wheat crackers, cheese & english cucumber	20 Snack - Andrea Whole grain Goldfish crackers & vegetable Laundry - Andrea	21
22	23 Snack - Ammar Cinnamon raisin bread	24 Snack - Ashley Gelatin-free vanilla	25 Snack - Louise Brown rice cakes	26 Snack - Steph Whole wheat English	27 Snack - Allison Shreddies & fruit Laundry - Allison	28
29	30 Snack - Victoria Triscuits crackers, cheese & english cucumber	<p>NOTE: Laundry to be returned the following class your child attends.</p> <p><i>Berries = Strawberries OR raspberries OR blueberries OR blackberries</i> <i>Canned fruit = bring 2 larger cans of fruit in water or fruit juice</i> <i>Carrots/Celery = please bring big carrots/ celery (not baby carrots or pre-portioned celery sticks). The teachers will cut it at school.</i></p>				

Social-Emotional Development Parenting Tip

We sometimes try to protect children from strong or negative emotions. While focusing on the positive or using distraction might help some of the time, it's also important to acknowledge and validate feelings. Help your child label emotions (e.g. disappointed, scared, worried, sad, excited) of their own and in others. You can say "The thunder is so loud. It's making you feel scared. It's okay to feel that way. Let's take some deep breaths together. We can handle this." Coaching children through their feelings is a vital learning experience.



SWAPPING SNACK OR LAUNDRY DUTIES

Please email the teachers or call the school to let us know who is covering your snack or laundry day if you switch duties at the last minute.



CHILD ABSENCES

Please make sure to call the school and/or email the teachers if your child will be away for any reason.